

Chapter 8
Raine's Ten Commandments





Raine's 10 Commandments for General Behavior

Channeled November 23, 2006

ONE

Be kind to each other, live your life in pursuit of peace and tranquility, without taking from others to obtain. Do a kind deed for someone; gain a moment of time to your life. Think of what it takes to get angry, the hot blood coursing through your veins, the physical and mental damage, vs. a smile or thank-you of appreciation. Even if you are not thanked, you can get a good warm feeling when you do the right thing.

TWO

Exercise patience, with family and friends, and others. However, patience has its limitations as well; know those, and protect your light.

THREE

Love your world as you love yourself. They are both temples of God. Avoid being part of the unnecessary usage of the Earth's resources, and do not abuse your physical being with any substance or exposure to toxic entities.

FOUR

Seek knowledge and learn. You have no idea how much else there is... As you learn you will find out how much you do not know, which only wets your curiosity more. Your mind will expand along with dreams and personal goals.

FIVE

Know the difference between personal and materialistic goals. A personal goal adds time to your life, the pursuit of a materialist one can take it away. So is it worth it? Personal goal euphoria never wears off; it is something you always remember fondly.

Note: Materialist goals are those that are really beyond your financial abilities. The pursuit can drain your energies. Live within your financial boundaries, but set no limitations on your personal goals. You will achieve what you want to achieve if you try. Make your own reality.

SIX

Be thankful for what you have, and share what you can with others, even if it is only time, which is really more valuable than anything else. Try to perform random acts of kindness whenever possible.

SEVEN

Seek guidance from one of the light. It will open new ideas and concepts, develop goals and aspirations, and give you a sense of peace and tranquility. How? Just ask for a guide, one will come to you. It not only enlightens you, it enlightens us. Our love is over whelming and we wish to share with you.

EIGHT

Protect and comfort others, whenever possible. Only you can determine the intensity of the altruism you wish to pursue.

NINE

Remove all association from toxic beings and psychic vampires. Contact with them can drain your life force, as it has a dramatic affect on your auras. Try to remove yourselves from their environment, and avoid contact with any entity that makes you feel mentally or physically ill in their presence. These individuals include employers, relatives, and significant others. Please refer back to commandment Two.

TEN

Don't get caught up with any media hype or organized religion that makes you feel guilty or frightened, or if you feel brainwashed, or they ask for multitudes of money and your time. Your religion is within you; mold it to fit your thoughts and feelings. It is a private gift and only you can determine what feels good to you. Even if you just believe in the Supreme One, and that he/she is good and you try to emulate, you are complete and "saved."